



AUGUST 2007

A Look at LEAD-Ins at the Rez...

Have You Heard?

The LEAD Center and the Center for Civic Education and Service have joined to create the new Center for Leadership & Civic Education. The Center's mission is to enhance the education of students with respect to responsible citizenship and effective leadership. Along with the Career Center, the Center for Leadership and Civic Education will be housed in an exciting new building located on the corner of Park Ave and Woodward Ave. in Fall '08.

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Before becoming the Center for Leadership and Civic Education, the FSU LEAD Center and the FSU Reservation jointly created LEAD-Ins at the Rez. LEAD-Ins at the Rez is a joint initiative between the LEAD Center and Campus Recreation. LEAD-Ins at the Rez are overnight retreat style leadership learning experiences created by LEAD Center and the FSU Reservation staff. Students check-in at 7:00 p.m. on Friday and leave at 5:00 p.m. on Saturday. These sessions focus on the development of leadership knowledge, skills and values. The program is free to students with space limited to 40 participants. All meals, lodging, and materials are provided free for students.



Curricula are determined by the leadership knowledge, skills and values of the FSU LEAD Center and presented through the experiential education practice and philosophy of the FSU Reservation. Each weekend focuses on one of the following leadership contexts: the Individual, Partnerships, Groups, and Communities. During this time, students participate in engaging, informative and challenging activities ranging from challenge course elements and group simulations to fire-side chats and individual reflection.

The purpose of this program is to provide outdoor leadership retreats integrating education, training, development, and engagement in a dynamic, supportive and challenging learning environment. To measure student's growth during the retreat, students are given a pre- and post-style assessment. The assessment includes both closed- and open-ended questions as well as a self-rating scale. In all areas students have reported an increase in their self ratings. One student participant commented, "This program exceeded my expectations by teaching me leadership through group activities that were so much deeper than they seemed." The chart below shows change in participants, self-ratings before and after the retreat.

| Statement | Pre-Test | Post-Test | Progress |
|---|----------|-----------|----------|
| I am aware of leadership opportunities on campus | 3.92 | 4.24 | .32 |
| Developing my leadership ability is important | 4.90 | 4.92 | .02 |
| The university emphasizes the importance of developing my ability to lead | 4.00 | 4.28 | .28 |
| I aspire to lead and make a difference in my community | 4.81 | 4.83 | .02 |
| As a result of this program, I have improved my ability to lead | | 4.82 | |

* Based on a 5 point scale.

It [the experience] challenged me to think more about the complex and changing dynamics that exist in a community. Also, how to be more aware of the different values and goals of the community.

Matthew Teston



Trust can counteract uncertainty. Taking risks on others is greater than any monetary award or social accolade.

Danielle May



How to lead dynamically... there is no "set in stone" way to do it. It's always changing and you have to try new things...it's a process.

Jeff Carter



I learned that you need to have the goal of having positive, sustainable, change. You need to respect everyone in the community. You need to have an open mind.

Sindy Castro

Available in Alternative Format. If there are any questions or concerns, please contact the Division of Student Affairs at (850) 644-5590.

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