Survey Overview

Development
Developed in consultation with over 20 campus partners

Context
Replaces CIRP (saves $) and serves as a complement to the Graduating Senior Survey

Distribution & Responses
Administered via email to incoming FTIC & transfer students at Tallahassee & Panama City campuses

Response rate (100% completion) - 27.55% (2,607)
Survey Sections

Choosing a University
Visits to Campus (new summer 2021)
Past Year Experiences
College Perceptions
Resilience & Flourishing
Health & Wellness
Diversity & Inclusion
Post-Graduation
Basic Needs Security (revised summer 2021)
Open-Ended Items
Respondent Demographics

- **34% Summer**
- **66% Fall**
- **68% Women**
- **32% Men**

**98% Tallahassee Campus**

**84% First Time in College**

**83% In-State Students**

- American Indian/Alaska Native
- Asian
- Black/African American
- Hispanic/Latino
- Native Hawaiian/Pacific Islander
- Not Specified
- Two or More Races
- White

- **Women**: 68%
- **Men**: 32%
- **First Time in College**: 84%
- **Tallahassee Campus**: 98%
- **In-State Students**: 83%
60% of respondents identified FSU as their first choice institution.

FTIC - 56%
FSUPC - 71%
Transfer - 87%
WHAT WAS THE MOST SIGNIFICANT FACTOR IN YOUR DECISION TO ATTEND FSU?

Top 5 Factors from 14 options

Tallahassee Campus

Academic reputation: 28%
Intended major reputation: 20%
Cost of attendance: 12%
Physical campus environment: 10%
Scholarships/financial aid available: 10%
WHAT WAS THE MOST SIGNIFICANT FACTOR IN YOUR DECISION TO ATTEND FSU?

Top 5 Factors from 14 options

Panama City Campus

Intended major reputation: 26%
Academic reputation: 24%
Close proximity to family: 21%
72% Visited campus in-person
19% Visited campus virtually
21% Did not visit campus
Visiting Campus

What was the impact of visiting campus on your decision to enroll at FSU?

- Positive Impact
- No Impact
- Negative Impact

In Person Visit

Virtual Visit
WHEN YOU WERE CONSIDERING FSU, HOW DID THE FOLLOWING FACTOR INTO YOUR DECISION?

Percent of respondents at Tallahassee campus who said proximity to family was a 'con'

- 40% American Indian/Native Alaskan and Native Hawaiian/Other
- 31% Asian
- 19% Black
- 31% Hispanic/Latinx
- 22% Two or more races
- 18% Unspecified
- 23% White
32% of respondents said they were concerned 'a lot' or 'a great deal' about developing or maintaining social connections.

89% of respondents said establishing a strong friend network was very or extremely important in their first year.
TOP SOCIAL MEDIA
RESPONDENTS USE

1️⃣ Instagram
2️⃣ Snapchat
3️⃣ TikTok
4️⃣ YouTube
81% of respondents engaged in aerobic exercise or sports at least 1 - 2 times per week in the past year.

63% of respondents engaged in muscular/weight training exercises at least 1 - 2 times per week in the past year.

66% of respondents engaged in aerobic flexibility exercises at least 1 - 2 times per week in the past year.
How do you cope with stress?

Some other write-in options included alcohol, alone time, bath or shower, church/prayer, cleaning, driving, ignoring stress, reading, therapy, TV shows/movies, and work.

Items with an asterisk (*) were added to the fall 2021 survey based on write-in options from the summer 2021 survey.
78% of respondents plan to participate in community service.

75% of respondents plan to participate in an internship or co-op experience.

72% of respondents plan to participate in a registered student organization.
Engaging with Others

Rate yourself compared to the average person your age.

- Be open to having my views challenged
- Be tolerant of others with different beliefs
- Discuss and negotiate controversial issues
- Work cooperatively with diverse people
- Engage in conversations about race/racism
- See the world from someone else's perspective

Below average | Average | Above average
82% of respondents feel prepared or very prepared to ask for help when they need it.
Resilience

Resilience is "the human capacity to deal with, overcome, learn from, or even be transformed by the inevitable adversities of life" (Grotberg, 2003, p. 1). The 25-item Connor-Davidson Resilience Scale was developed by researchers working with patients with PTSD. The focus of the abbreviated two-item scale (CD-RISC 2) is the ability of participants to bounce back.

Flourishing

The Flourishing Scale "was designed to measure social-psychological prosperity, an expansion of psychological well-being" (Diener et al., 2009, p. 144).
Resilience

On a scale of 0 - 8, respondents scored an average of 6.5 (SD=1.28) on the Connor-Davidson Resilience Scale (CD-RISC 2), slightly lower than the mean score in the general population of 6.91.

Flourishing

On a scale of 8 - 56, respondents scored an average of 48.69 (SD=6.24) on the Flourishing Scale, higher than the mean of 45.3 (SD=6.2) in the study of college students used to validate the scale.
"I expect my classes at FSU to be ______ than classes I took last year."

52% More Difficult
43% About As Difficult
6% Less Difficult
Concerns

To what extent do you think the following might be a concern for you in the upcoming semester?

- Anxiety
- Transition or adjustment to college
- Developing or maintaining social connections
- Depression
- Managing stress related to economic hardship
- Eating disorders or body image
- Getting sick from COVID-19, flu, etc.
- Managing stress related to the COVID-19 pandemic
- Thoughts of self harm
- Thoughts of suicide
50% of respondents agree with the statement "I am concerned about my ability to pay for college."
WHAT CONCERNS YOU MOST ABOUT YOUR FIRST YEAR AT FSU?

Daily Life

Academic

Resources

Social

Emotional

Health & Wellness
Percent of respondents who plan to have a job during their first year:

- First Time in College: 64%
- Transfer: 76%
- FSU Panama City: 83%
Food Security

Calculated using the USDA Food Security Survey Module

Percent of Respondents with Marginal, Low, or Very Low Food Security by Race/Ethnicity

- American Indian/Native Alaskan and Native Hawaiian/Other: 40%
- Asian: 24%
- Black: 42%
- Hispanic/Latinx: 28%
- Two or more races: 27%
- Unspecified: 18%
- White: 16%
## Mental Health

To what degree did the COVID-19 pandemic impact your mental health?

<table>
<thead>
<tr>
<th>Impact</th>
<th>Number of Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td>A great deal</td>
<td>50 respondents</td>
</tr>
<tr>
<td>A lot</td>
<td>50 respondents</td>
</tr>
<tr>
<td>A moderate amount</td>
<td>50 respondents</td>
</tr>
<tr>
<td>A little</td>
<td>50 respondents</td>
</tr>
<tr>
<td>None at all</td>
<td>50 respondents</td>
</tr>
</tbody>
</table>

*COVID-19 = 50 respondents*
98% of respondents feel prepared to succeed academically at FSU.

98% of respondents said it was important or very important to earn great grades during their first year.
Post-graduation Plans

- Continuing education: 59.2%
- Employment: 37.1%
- Other: 3.8%

Other includes military service, taking time off, unpaid national/global service, or starting/raising a family.

Top Industries/Fields where Respondents Plan to Seek Employment

- Hospital & Healthcare (19%)
- Law and Legal Services (9%)
- Biotech, biological or biomedical sciences (8%)
- Psychology (7%)
- Engineering (6%)
Outreach to Respondents

Academic Concerns
Access to Technology
Collegiate Recovery Program
Discrimination
Disordered Eating
Food or Housing Insecurity
Financial Concerns
Job Seeking
Life Management
Mental Health
Self-Harm/Suicide
Social Connections
Study Support
Transition
QUESTIONS? FEEDBACK?

Jillian Volpe-White, Ph.D.
jvwhite@fsu.edu